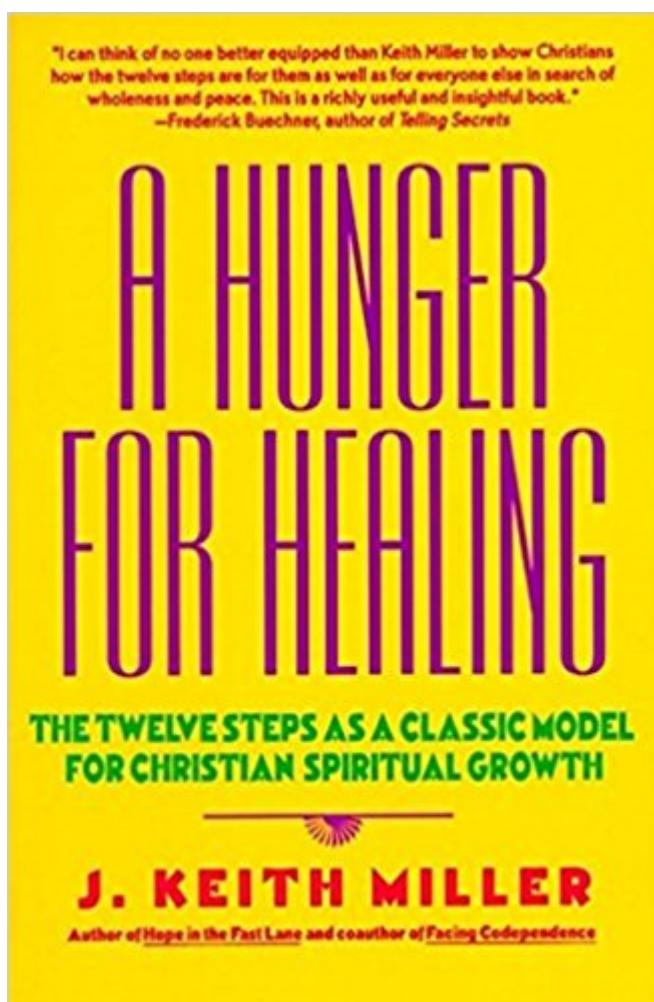


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# A Hunger For Healing: The Twelve Steps As A Classic Model For Christian Spiritual Growth



## **Synopsis**

An exploration of the Twelve Steps and their unique benefits for Christians.

## **Book Information**

Paperback: 288 pages

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## **Customer Reviews**

An exploration of the Twelve Steps and their unique benefits for Christians.

J. Keith Miller, the author of *A Hunger for Healing*, is a popular speaker and conference leader, and author. Among his best-selling books are *The Taste of New Wine* and *Hope in the Fast Lane*. He is also the coauthor of *Facing Codependence*.

*A Hunger For Healing* makes the 12 Steps of Recovery down to earth and very accessible to believers in Christ. It is the most practical application I have found from a Biblical perspective. I am using this book and the study guide that goes with it to work the steps as I wait to get a mentor in *Celebrate Recovery*.

This really lends well to processing through a 12 step program. Explains the process in detail and aids in self-discovery and awareness. I appreciate the authors transparency and sharing from his own experiences.

Everyone needs what this book offers. I don't know any human beings that haven't suffered hurt

and disappointment. This book offers a proven, simple method for overcoming all the things that cripple our relationships and keep us from the happiness we say we want.

Professor required this book for a psychology class on addictions. I wouldn't recommend buying this unless you were just studying the topic intellectually - or if you have a sponsor who is prepared to walk you through the steps. The book does go through the 12 steps and encourages the reader to take part, but doing so without a sponsor may leave you with more issues. The author also seems to blur the lines a little between the model's loose religious perspective and Christian perspectives. One paragraph he'll refer to "a higher power" and the next paragraph he'll refer to "God" as if that is the mutual consensus. If you are religious or hold to theological views, you may find some parts of this book to be wishy-washy. It is not about the religion though, it's about addiction, so if you can separate the two, you may find it useful.

Fabulous book on recovery from any substance, condition or addiction. Several good personal examples. Thought-provoking questions at the end of each chapter. Outstanding appendices. I have several books on addiction and, for me, this one bridged the gap between my "my Higher Power" and Jesus Christ. Church groups, self help books and bible studies have all contributed to my understanding of addictions, but this book nailed the root cause as Sin-disease without judgment or shame. It resonated with my soul.

It's great to have a recovery book that highlights "THE HIGHER POWER" (my Higher Power) that I believe in and trust for my Spiritual growth and health...

I am on the prayer and support team for a twelve step program at the church I attend. This book applies the twelve step program to any sin, not necessarily a physical addiction. I recommend this to anyone who has problems, especially if they do not think they have an addiction. Keith Miller has been through a couple, few addictions himself like being addicted to working. He has a great story to tell. This program, as any twelve step program, is directly related to biblical principle and is great for anyone to read, work through and understand.

Even if you are not a Christian, this book can assist you in addressing and defeating behaviors that are self destructive and damaging to others. Keith Miller takes you through a 12 step approach which is Christian based. His insight and advice are based on sound principles grounded in the Bible. A

very good book to use if you are finding yourself in need of practical steps to become the person that you should have been all along. I highly recommend this book!

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